

# SHAPE UP PUP SEMINAR

1. REWARD CHASING/FOLLOWING YOU: Wait for dog to look at you, say “yes” and run, when dog catches up with you, treat.

2. REINFORCE CHASE: Have someone hold and release the dog when you call, be standing on the other side of an obstacle, and run to encourage the dog to go around the obstacle to catch up with you.

3. Hold collar (that part is important), through high value food, release to “get it” and you run in the opposite direction to encourage the chase after the treat, then treat when dog gets to you.

4. TOY: Entice the dog to chase the toy on the ground, then “out” – release for a treat, then give the toy right back.

5. IMPULSE CONTROL: Dog sits, you hold treat halfway down to the dog. If the dog does not move, say OK (release) and let dog come to you for treat (you do not move).

6. REINFORCE RECALL AWAY FROM SOMEONE ELSE: “Go visit” – permission to go see someone. Person gives treats, then you call dog back and treat on recall.

7. HOLDING POSITION: Dog goes into position (i.e. front paws on a disc), try to lure out of position. If dog holds position, “yes” and reward. Release on “OK”. Object: Luring and tempting, dog holds until the release command.

8. DISC ROTATION WORK: Front feet on a disc, lure/tempt with a treat to one direction (towards the dog’s side), get dog to keep front feet on the disk and move back feet only. Do not give treat unless front feet stay on disc.